

U11s Falcons Skills Checklist Grid

Instructions for Use

1. Players tick the **Bronze**, **Silver**, or **Gold** box for each skill as they achieve it.
2. Coaches can review the grid during assessments or evaluations.
3. This grid helps you track your progress and skills development

Skill	Bronze	Silver	Gold
Dribbling	<input type="checkbox"/> Basic close control in open space	<input type="checkbox"/> Close control under pressure	<input type="checkbox"/> Dribbling with quick direction changes in tight spaces
Passing	<input type="checkbox"/> Passes with accuracy over short distances	<input type="checkbox"/> Passes accurately under light pressure	<input type="checkbox"/> Passes accurately over long distances and in tight spaces
Receiving	<input type="checkbox"/> Controls ball with first touch	<input type="checkbox"/> Controls ball under pressure	<input type="checkbox"/> Controls and redirects ball smoothly in tight spaces
Shooting	<input type="checkbox"/> Shoots accurately with dominant foot	<input type="checkbox"/> Shoots accurately under pressure with either foot	<input type="checkbox"/> Shoots accurately from different angles and distances
Defending	<input type="checkbox"/> Basic marking and positioning	<input type="checkbox"/> Times tackles effectively	<input type="checkbox"/> Anticipates play and intercepts passes
Teamwork	<input type="checkbox"/> Communicates with teammates	<input type="checkbox"/> Supports play with movement	<input type="checkbox"/> Leads play by creating opportunities for others
Decision Making	<input type="checkbox"/> Decides when to pass or dribble	<input type="checkbox"/> Makes quick decisions under light pressure	<input type="checkbox"/> Makes quick decisions under intense pressure

